



Built to Conquer. **GRAB IT NOW**
Call Us Right Now - 9780-555-368

OUTDOOR FITNESS

EQUIPMENT





Introduction

Playsquad India specializes in designing, manufacturing and installation of Outdoor Fitness, Playground & Park Equipment. Our mission is to develop best in class products with 100 % indigenous material.

Playsquad India knows that playgrounds are integral part of childhood development. We strive to provide high quality products that inspire children's to step into field.

Our Design team continually advances the concept of through unique designs, including traditional post and platform playgrounds, deckles, continuous play structure as well as nature inspired playground.

We have an appropriate play solution for a spectrum of needs and aesthetics, including parks, schools, early childhood centers, colleges and sports training centers.

Our goal is to keep our customers as well as consumer satisfied and ensure that they enjoy the product they purchase from us. Honesty and integrity are important to us, so we promise to assist you to make your purchase a pleasant experience and at most competitive price in the market.

**100% DESIGNED
& MANUFACTURED IN INDIA.**

Code	Product Name
SKU 201	Air Skier
SKU 202	Air Walker
SKU 203	Arm and Pedal Bike
SKU 204	Beam Balance
SKU 205	Bicycle
SKU 206	Big Shoulder Wheel
SKU 207	Chin Up Bar
SKU 208	Cross Country Skier
SKU 209	Double Air Walker
SKU 210	Double Cross Country Skier
SKU 211	Double Rower
SKU 212	Double Sit Up Bench
SKU 213	Elliptical Cross Trainer
SKU 214	Hip Twister
SKU 215	Horizontal Ladder
SKU 216	Leg Lift Station
SKU 217	Leg Stretch
SKU 218	Parallel Gym Bars
SKU 219	Push Up & Dip Station
SKU 220	Rider
SKU 221	Seated Chest Press Station
SKU 222	Seated Leg Press Station
SKU 223	Seated Pull Down & Chest Press Station
SKU 224	Seated Pull Down Station
SKU 225	Self Weighted Rower
SKU 226	Side Surfer
SKU 227	Sit Up Bench
SKU 228	Strength Trainer
SKU 229	T'ai Chi Spinners
SKU 230	Triple Pull Up
SKU 231	Twist & Step





AIR WALKER

Product Introduction

SKU - 202

Our hugely popular Air Walker is suitable for all abilities, beginners to advanced. It's easy to use and a huge amount of fun. Users can set their own pace, choosing a wide walk, stretching legs and developing flexibility in the hip joints or a shorter faster pace to build cardio strength. Alternatively, users can lean on the bar and raise both legs simultaneously to strengthen core muscles.



Product Dimension

1285 x 630 x 1183

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



ARM PADDLE BIKE

Product Introduction

SKU - 203

The Arm and Pedal Bike has been specially designed for adults to improve flexibility, core strength and cardio fitness. Suitable for all abilities, users can set their own pace, cycling legs and arms simultaneously or separately and in both a forward to reverse motion.



Product Dimension

1306 x 476 x 1388

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



BALANCE BEAM

Product Introduction

SKU - 204

These versatile Balance Beams come as a set of 3 and offer an array of exercise options. Walking the length of them will build balance and co-ordination skills. Hopping and jumping over them will really get that heart rate up, building cardio strength. They can also be used for incline push-ups, triceps dips and sit-ups. A full body workout suitable for beginners to advanced athletes.



Product Dimension

3051 x 1925 x 314

Safe Zone Area

10 Ft x 10 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



BICYCLE

Product Introduction

SKU - 205

Our upright Bicycle gives the rider the sense of using a familiar pedal bike in a static position. Using this cycling motion works the legs. Strengthening and toning thigh and calf muscles and improving their flexibility. It will also get the heart rate up, burn calories and improve cardiovascular strength. The user can cycle at their own pace, making it suitable for all abilities, beginners to advanced. It's also great to use for a warm-up.



Product Dimension

1017 x 499 x 1228

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



BIG SHOULDER WHEEL

Product Introduction

SKU - 206

The Big Shoulder Wheel has been especially designed to improve flexibility, range of movement and to improve circulation to the shoulder. Suitable for all abilities, users can set their own pace, gently moving side to side bending at the waist or by using a twisting motion to stretch deep into the shoulder muscle.



Product Dimension

931 x 868 x 1734

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



CHIN UP BAR

Product Introduction

SKU - 207

This double height Chin Up Bar offers a functional training frame for a variety of exercises. Users can perform overhand pull-ups, underhand pull-ups, chin-ups and hanging leg raises. A strenuous workout for strengthening and building muscles in arms, back and shoulders. Suitable for all abilities, beginners or users new to calisthenic training can use a band for assistance.



Product Dimension

Safe Zone Area

Product Dimension

15 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



CROSS COUNTRY SKIER

Product Introduction

SKU - 208

The Cross Country Skier has been specially designed to provide a full body workout. Just like a cross-country skiing, users stand on the foot plates and moving legs in a circular motion while using arms to drive the handles forwards and back. As well as using all major muscle groups, working out on the Cross Country Skier will also build stamina, balance and coordination. Suitable for all abilities, users can set their own pace.



Product Dimension

1175 x 601 x 1494

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



DOUBLE AIR WALKER

Product Introduction

SKU - 209

Our hugely popular Double Air Walker is suitable for all abilities, beginners to advanced. It's easy to use and a huge amount of fun. One or two people can use the equipment at a time. Users can set their own pace, choosing a wide walk, stretching legs and developing flexibility in the hip joints or a shorter faster pace to build cardio strength. Alternatively, users can lean on the bar and raise both legs simultaneously to strengthen core muscles.



Product Dimension

2285 x 630 x 1183

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



DOUBLE CROSS COUNTRY SKIER

Product Introduction

SKU - 210

The Double Cross Country Skier has been specially designed to provide a full body workout. Just like cross-country skiing, users stand on the footplates, moving legs forwards and back while using their arms to drive the handles forwards and back. Users can work individually or in pairs for some synchronized skiing! Suitable for all abilities, users can set their own pace to work all major muscle groups and build stamina, balance and coordination.



Product Dimension

1965 x 620 x 1562

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



DOUBLE ROWER

Product Introduction

SKU - 211

Much like a rowing boat, the Double Rower has been specially designed to provide a total body workout. Sitting in the chair, clasping the handles, users pull back with the arms, extending the body before using the core, legs and arms to pull the body back to a starting position. Improving flexibility, core strength and cardio fitness. Suitable for 1 or 2 users at once and all abilities, users simply set their own pace.



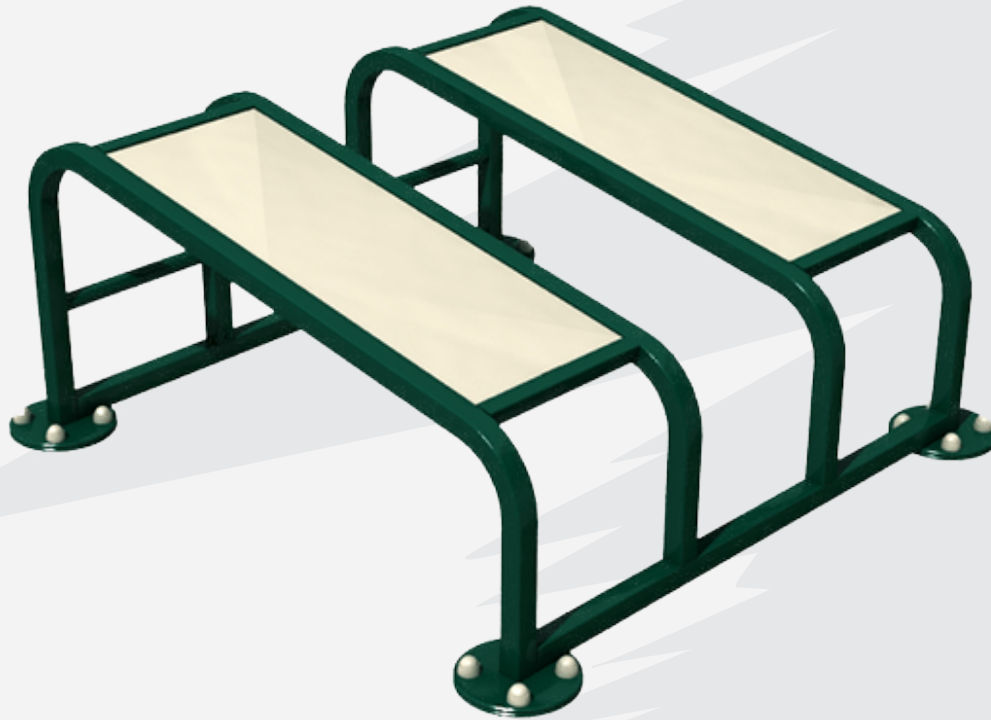
Product Dimension

2708 x 962 x 1094

Safe Zone Area

15 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



DOUBLE SITUP BENCH

Product Introduction

SKU - 212

Specially designed to provide safe, yet intense core workout, our Double Sit Up Benches are suitable for all abilities from beginners upwards. Perfect for back extensions, crunches or twists, the benches allow users to work the length of their abdominal muscles. The frame can also be used for triceps dips, incline and decline press-ups to further build upper body strength.



Product Dimension

1645 x 1590 x 695

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



CROSS TRAINER

Product Introduction

SKU - 213

Suitable for all abilities, our Elliptical Cross Trainer gets the whole body moving, providing an excellent cardiovascular workout. Easy-to-use, it is designed so that users can set their own pace and choose between forward or reverse motion to work different muscles. It helps to improve coordination and balance while providing low-impact exercise for legs and arms.



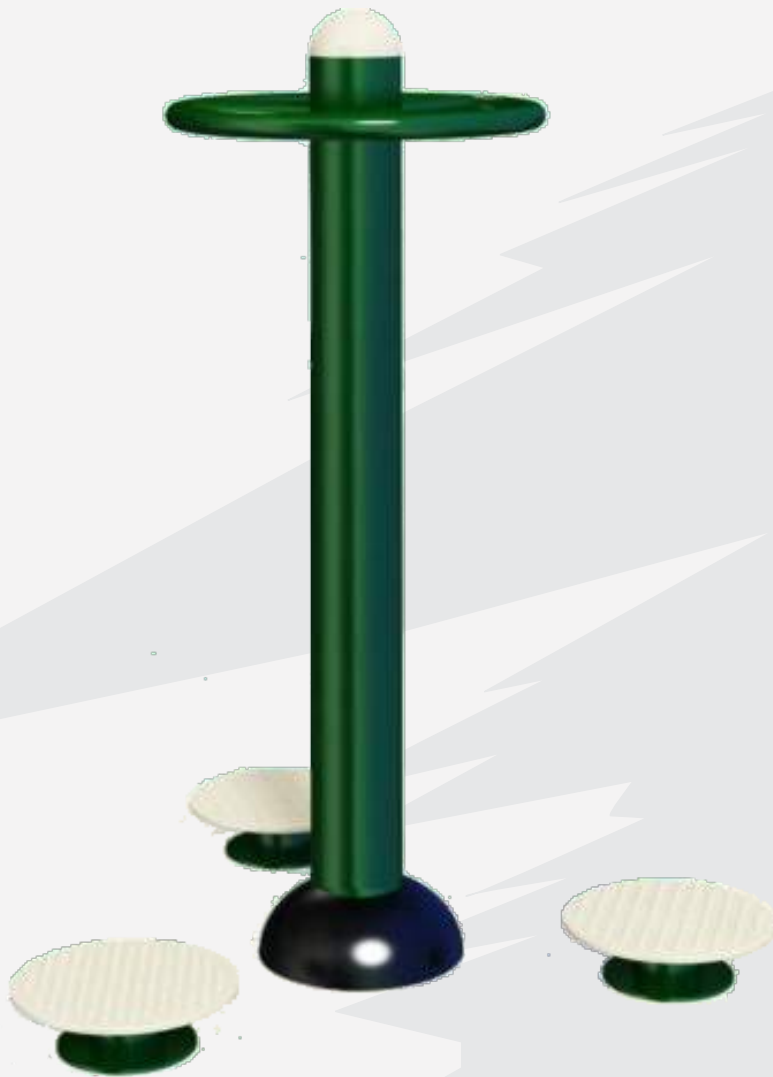
Product Dimension

1464 x 637 x 1541

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



HIP TWISTER

Product Introduction

SKU - 214

Specially designed to improve flexibility and range of movement around waist and hips, the Hip Twister is easy to use and suitable for all abilities. Users set their own pace twisting side to side, slimming and toning their waist. The Hip Twister is also fantastic for warming up and cooling down the body.



Product Dimension

1800 x 1800 x 1453

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



HORIZONTAL LADDER

Product Introduction

SKU - 215

Also known as monkey bars, this is a strenuous exercise for arms and shoulders, swinging rung by rung along the ladder. Easy-to-use, users can move at their own pace, building up the number of swings as their strength builds. Users can also perform knee or leg raises hanging from one rung for a strong core workout. A fantastic piece of equipment for body weight or functional training enthusiasts.



Product Dimension

3136 x 1187 x 2293

Safe Zone Area

15 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



LEG LIFT STATION

Product Introduction

SKU - 216

Used for strength building, our Leg Lift Station has been designed for users to perform knee raises and leg lifts. Beginners can start with knee raises, building strength and tone in the core and upper thighs, while the more advanced perform leg lifts, a much tougher exercise working the same muscles. The solid frame also has handles positioned at the back of the frame, perfect for neutral and lateral grip pull-ups.



Product Dimension

1309 x 278 x 2033

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



LEG STRETCH

Product Introduction

SKU - 217

Specially designed for adults to warm up and warm down before and after a workout, this multi-functional piece of equipment plays an important role in an outdoor gym. With 3 levels, users can select the best height for stretching leg muscles, our Leg Stretch also provides multiple levels for push-ups and dips mid-workout. An essential piece of equipment for your new outdoor gym.



Product Dimension

900 x 785 x 1100

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



PARALLEL BARS

Product Introduction

SKU - 218

Our Parallel Gym Bars provide users with a range of functional/ Callisthenic training possibilities. Build upper body strength with push-ups, pull-ups, dips and v sits for beginners. For the advanced gymnasts, elevated lifts, handstands, walking along the top of the bar will provide a more challenging workout. People using wheelchairs can perform pull-ups/chin-ups whilst supported with their chair beneath them.



Product Dimension

2490 x 941 x 1450

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



PUSH UP & DIP STATION

Product Introduction

SKU - 219

This simple frame has been specially designed for functional training. Easy to use and suitable for all abilities, users select the bar height that is right for them and perform numerous exercises including push-ups, dips, knee raises, v lifts and much more. Providing a strenuous workout for the upper body.



Product Dimension

1662 x 645 x 1458

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



RIDER

Product Introduction

SKU - 220

One of our most popular pieces of equipment, the Rider is easy-to-use and suitable for all abilities. Similar to a rower, but positioned upright, users push with their legs while pulling with their arms against resistance, moving their entire body up and down. Setting their own pace, moving as quickly or slowly as they choose, building cardio strength, stamina and muscular strength.



Product Dimension

1662 x 645 x 1458

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SEATED CHEST PRESS

Product Introduction

SKU - 221

This strength-building piece of equipment allows two users to perform chest presses at the same time. The unique design of the Seated Chest Press means that once seated, the user creates their own resistance via their body weight. This provides a strenuous workout for the chest, shoulder and arm muscles.



Product Dimension

2266 x 750 x 1980

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SEATED LEG PRESS

Product Introduction

SKU - 222

Suitable for all abilities from beginners upwards, our Seated Leg Press provides an excellent workout for thighs, hips and buttocks. This simple yet effective piece of equipment is easy-to-use; once seated, users simply push with their legs to move their seat away from the frame. An excellent work-out for thighs and hips without any of the risks to the knee joints associated with traditional squats.



Product Dimension

2389 x 509 x 2131

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SKU - 223

12 Ft x 8 Ft





SEATED PULL DOWN

Product Introduction

SKU - 224

Easy to use and suitable for all abilities, our Pull Down has been designed to strengthen and tone the shoulder and back muscles. Users can use the various handles to perform neutral and lateral pull-downs or face forwards, a reverse pull-down will work more of the back muscles.



Product Dimension

2266 x 1098 x 1980

Safe Zone Area

12 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SELF WEIGHTED ROWER

Product Introduction

SKU - 225

Much like a rowing boat, the Self Weight Rower has been specially designed to provide a total body workout. Sitting in the chair, clasp the handles, users pull back with the arms, extending the body before using the core, legs and arms to pull the body back to a starting position. Improving flexibility, core strength and cardio fitness. Suitable for all abilities, users simply set their own pace.



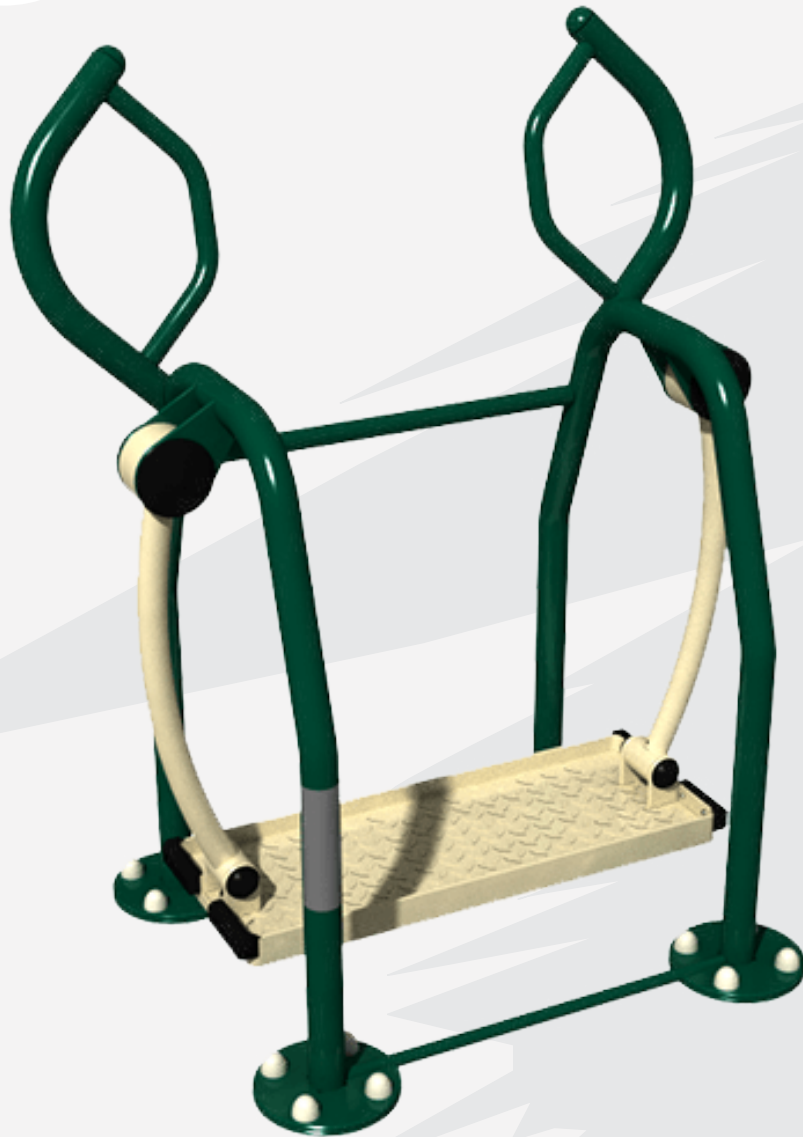
Product Dimension

1553 x 962 x 1085

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SIDE SURFER

Product Introduction

SKU - 226

Suitable for all abilities from beginners upwards, the Side Surfer is a fun piece of equipment that gives a full body workout. By holding the crossbar for stability, legs surf from side to side strengthening the legs, hips and core. An excellent cardio workout that also improves balance, coordination and muscular tone.



Product Dimension

2389 x 509 x 2131

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



SKU - 227



8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



STRENGTH TRAINER

Product Introduction

SKU - 228

This Strength Trainer has been specially designed to build strength in the upper body. Similar to arm wrestling, users compete with each other to turn their wheel against their opposition. The trainer can also be used singularly as an arm and shoulder stretching exercise.



Product Dimension

521 x 454 x 1677

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



T'AI CHI SPINNER

Product Introduction

SKU - 229

T'ai Chi Spinners offer a number of benefits, exercising the brain as well as the body. Designed to promote flexibility and coordination in wrists, arms and shoulders, they improve circulation and offer a great warm-up. Easy-to-use, the wheels move independently allowing arms to work clockwise or anticlockwise, excellent for mental agility.



Product Dimension

1040 x 1252 x 1505

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



TRIPLE PULL UP STATION

Product Introduction

SKU - 230

Suitable for the more advanced functional trainers, our Triple Pull Up provides a strenuous exerciser for arms and shoulders. Users can perform overhand pull-ups, underhand pull-ups, chin-ups and hanging leg raises. Strengthening and building muscles in arms, back and shoulders. 6 handles allow 3 people to exercise simultaneously or to compete!



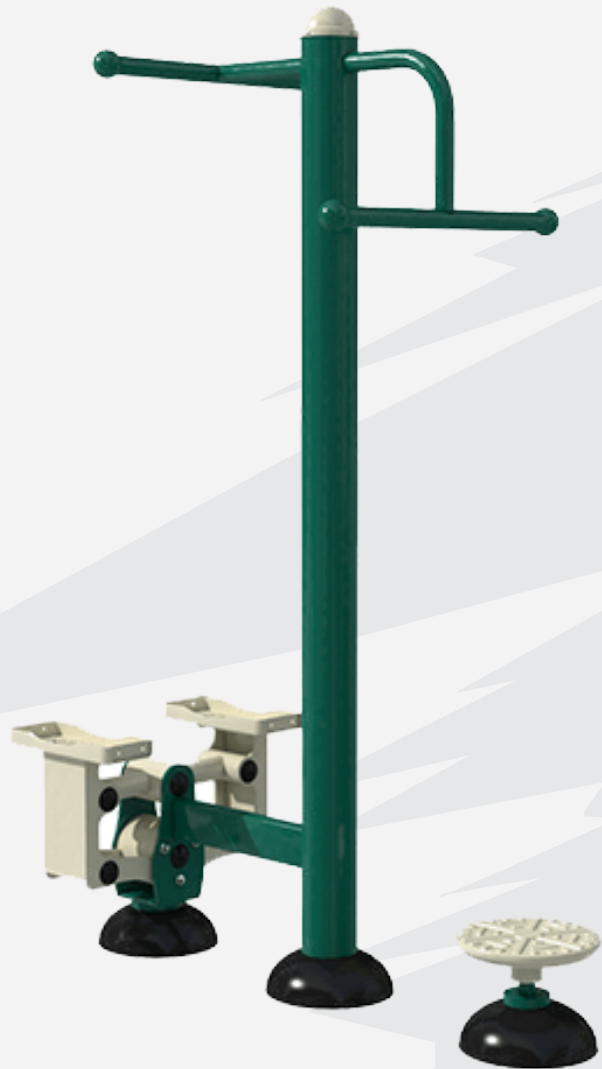
Product Dimension

1457 x 1270 x 2474

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.



TWISTER & STEPPER

Product Introduction

SKU - 231

Twist & Step provides two pieces of equipment in one and has been specially designed for adults to improve flexibility, core strength and cardio fitness. The twist element encourages hip twisting exercises, improving flexibility and core strength, whilst the stepper element provides a cardiovascular workout while strengthening the leg muscles and buttocks. Suitable for all abilities, users can set their own pace. It's easy to use and a huge amount of fun.



Product Dimension

1800 x 1453

Safe Zone Area

8 Ft x 8 Ft

Product Available in - GI Steel Alpha & Mild Steel Aero Standard.